

RECYCLED MATERIALS



MATERIALS

- Scraps of paper
- Tissue paper
- Magazine
- Newspaper
- Colored paper
- Glue
- Paper or cardboard surface

DIRECTIONS: TORN PAPER COLLAGE

Step 1: Encourage children to rip paper in different sizes and shapes.

Step 2: Glue the paper onto a plain piece of paper, cardboard or other surface to create a collage or image.

Additional suggestions:

Ask children to write fears, worries, or concerns on the paper or cardboard surface before gluing their torn paper over the words.

DIRECTIONS: PAPER BROOM

Step 1: Tear old newspapers into long strips horizontally.

Step 2: Stack the strips one on top of the other.

Step 3: Fold in half and secure ends with tape/rubber band, creating a hand duster or attach a stick to make a broom.

FOR OLDER CHILDREN AND TEENS:

MATERIALS

- Broken pottery, dishes, cups or saucers
- A sturdy flat surface
- Wood
- Cardboard
- Glue

DIRECTIONS

Step 1: Glue pieces of pottery or dishes onto the sturdy surface to create a mosaic.

GUIDING QUESTIONS:

How does your body feel when ripping the paper?

What is it like to put things together in ways that are different from what they once were?

What are things in your life that will be “put back together” differently?



Scan this code for more disaster resources!

CLDisasterRelief.org



The information contained here does not constitute medical advice. It is for educational and informational purposes only. Please consult with a healthcare professional to receive personalized advice or treatment.