

SCRATCH ART



MATERIALS

- Heavy Cardstock
- Crayons
- Mixing bowl
- Black acrylic paint
- Dish soap
- Foam paint brush
- Wooden chopstick/toothpick

DIRECTIONS

Step 1: Press firmly with the crayons and color the entire surface of the heavy cardstock.

- It is important to cover the whole piece of paper with crayon.
- The harder you press on the crayon the better the color will appear later.
- It's not important to make a pattern or picture. Make it colorful.

Step 2: In a bowl mix equal parts of the black acrylic paint with dish soap.

- Stir gently so it does not get foamy.
- You can use other colors than black.

Step 3: Paint the colored cardstock paper with the paint.

- Use a foam paint brush if possible, to avoid streaks.
- Paint long strokes from one end of the paper to the other.
- Allow the paint to dry. It could take a few hours.

Step 4: Using the wooden stick or toothpick, scratch the black paint from the surface exposing the colors underneath.

- Using the stick, create designs, patterns, or drawings in the colors beneath the paint.
- The black paint will flake but is easily cleaned. Placing newspaper or larger paper underneath can make cleaning up easy and fast.

GUIDING SUGGESTIONS/QUESTIONS

- When pressing on the crayons, encourage children to think what about their experience makes them angry, sad, or upset. Pressing hard on the crayon can be a release for emotions.
- When painting the strokes encourage children to breathe through each stroke. Releasing some of that tension, worry, and fear.
- How does it feel to uncover the color beneath the black paint?
- How can the colors under the black paint feel hopeful?
- If the black flakes that come off are the soot from a fire, where might we discover hope after destruction?

REFERENCES:

- <https://www.hgtv.com/design/make-and-celebrate/handmade/how-to-make-your-own-scratch-art>



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