

MURAL PAINTING



MATERIALS:

- Large sheet of scroll paper, newsprint, or sheet
- Paint
- Brushes
- Tape

OPTIONAL ADDITIONS:

- Small collage materials
 - Pom poms, glitter, and tissue paper
 - Magazines
 - Natural items: Sticks, small rocks, and leaves
 - Glue
- Plastic bags on the ground for clean up
- Bowls or cups to rinse paint brushes

DIRECTIONS:

Step 1: Using the tape hang the paper or lay flat on the ground

Step 2: Encourage children to paint on the paper in way they feel

Step 3: If using collage materials encourage children to add these to their artwork

GUIDING QUESTIONS:

Ask children to share about the experience.

What was it like to make big sweeping movements?

What made you decide to use that color or material?

ENCOURAGE CHILDREN TO EXPRESS THEIR FEELINGS:

Adding music and encouraging children to move to the music as they paint increases the sensory experience and offers an outlet for emotions.

Encourage children to paint slowly while they breathe in and out in time with the brush stroke.

Add words or expressions of feelings and encourage children to paint over or about the words.



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